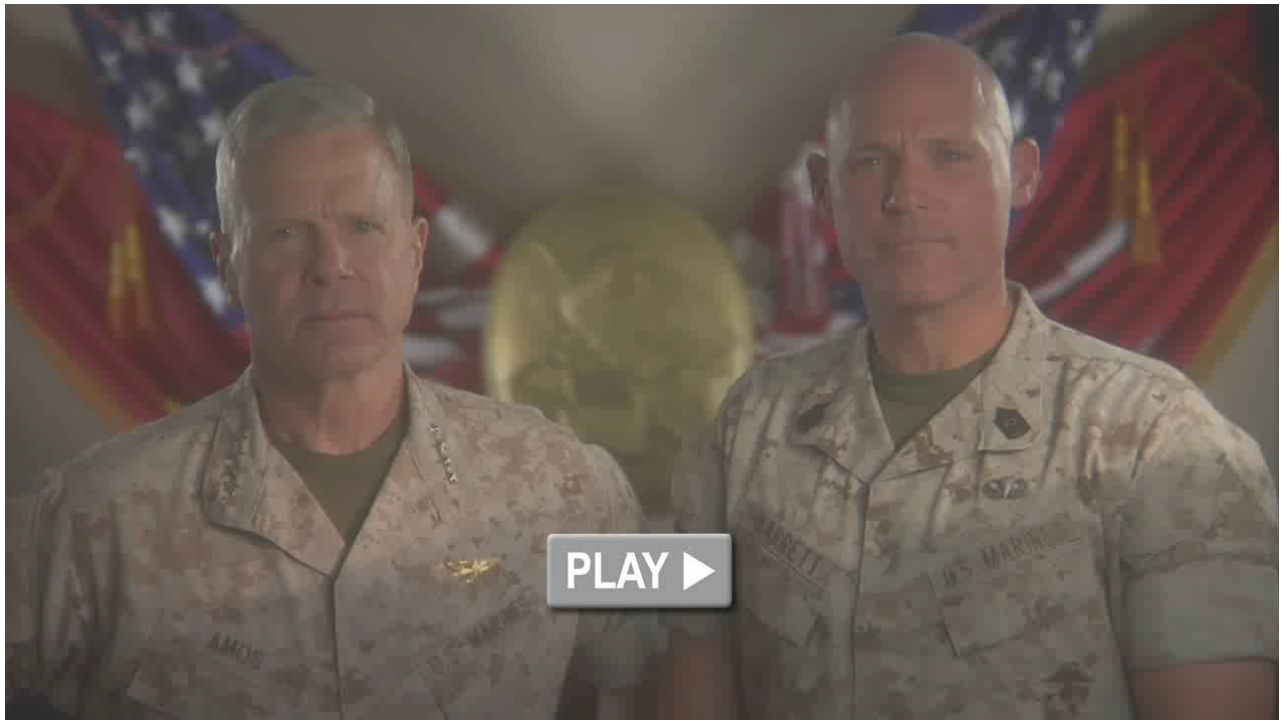
NEVER LEAVE A MARINE BEHIND

Suicide Prevention Training for Leaders

CMC/SMMC Message



Why Are We Here?

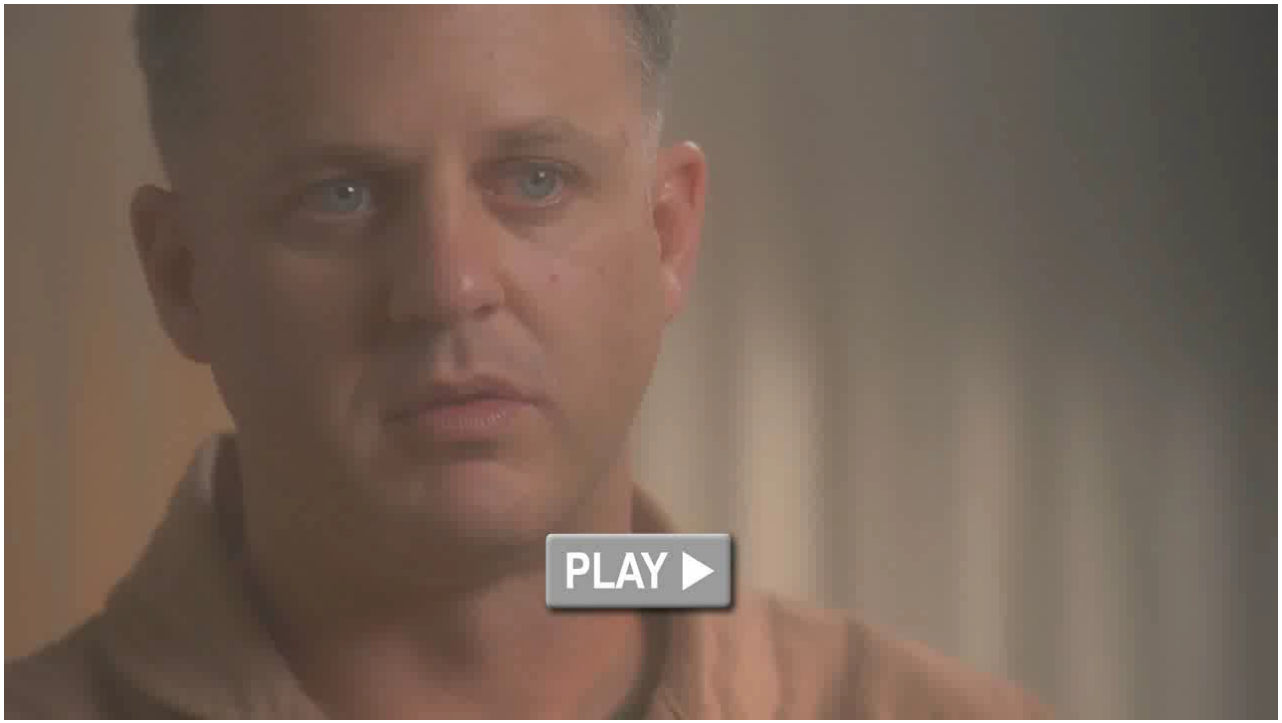
We are losing too many Marines to suicide.

Why Are We Here?

Objective

The overall objective of the course is to support leaders in their efforts to promote resilience, encourage Marines to seek help early, and maintain an ongoing dialogue on suicide prevention.

Why Are We Here?



Why Are We Here?

Discussion

The RACE Method

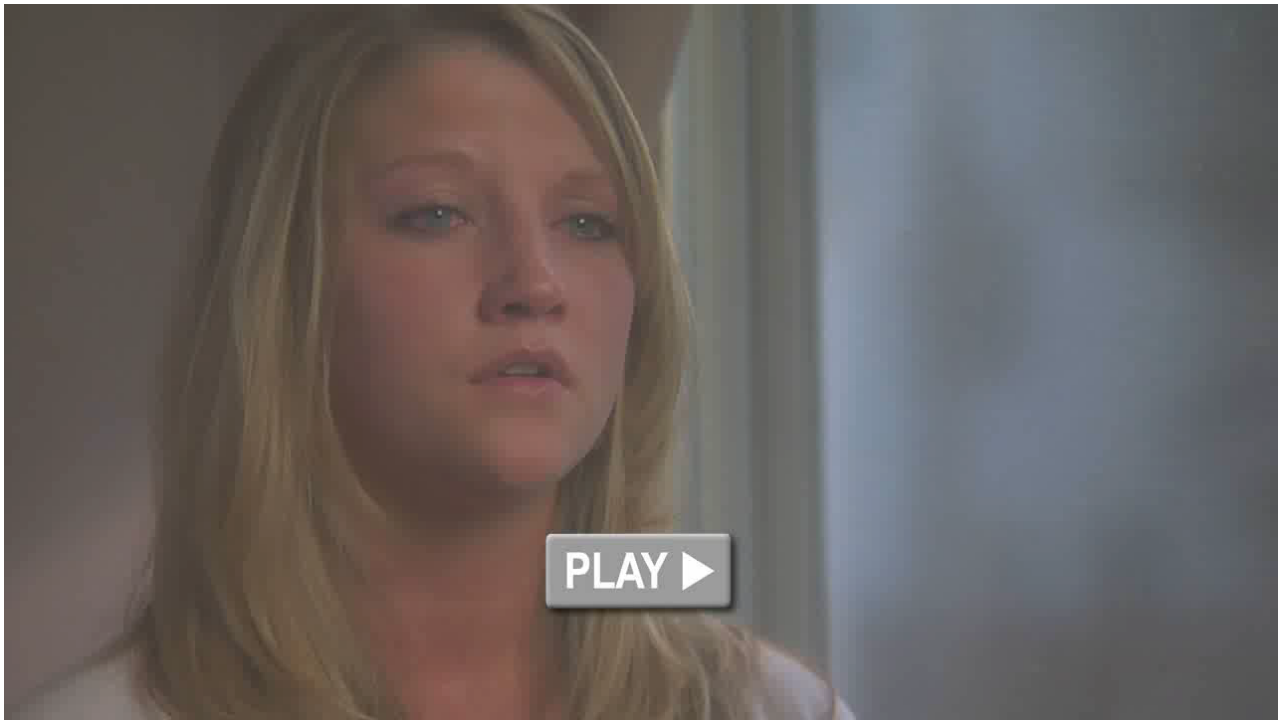
RECOGNIZE

ASK

CARE

ESCORT

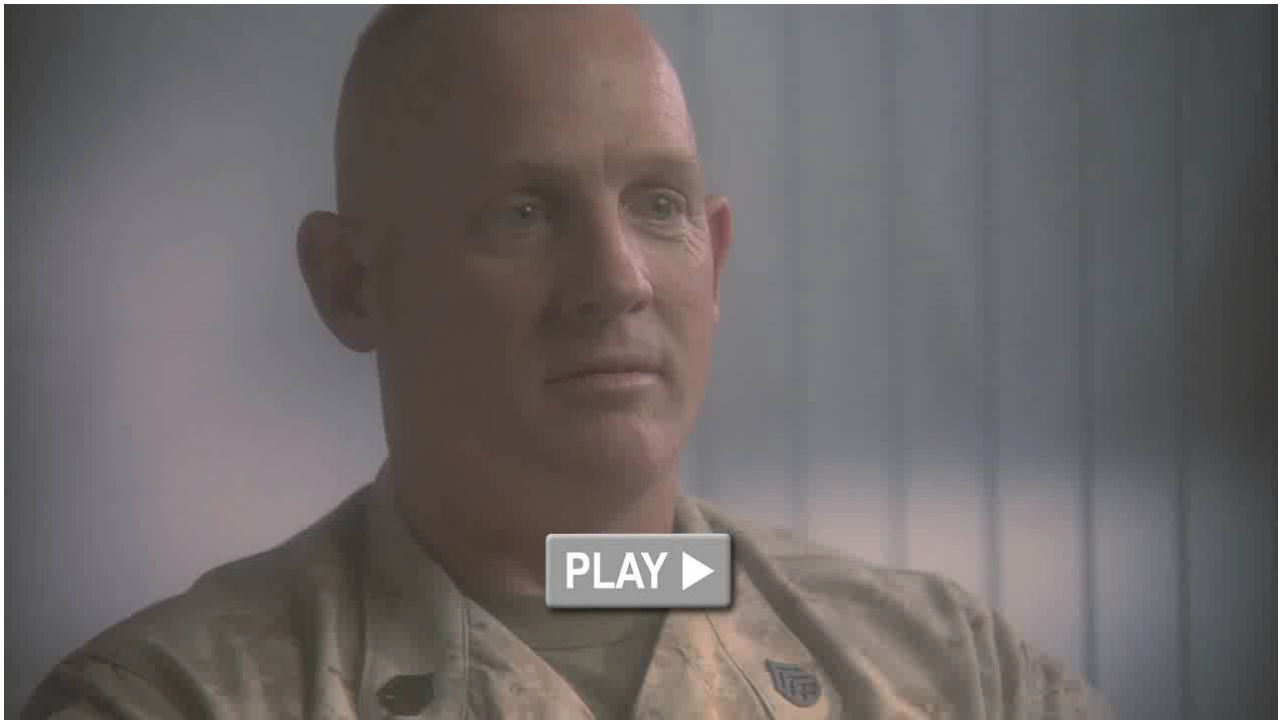
The RACE Method



Resources

www.usmc-mccs.org/suicideprevent

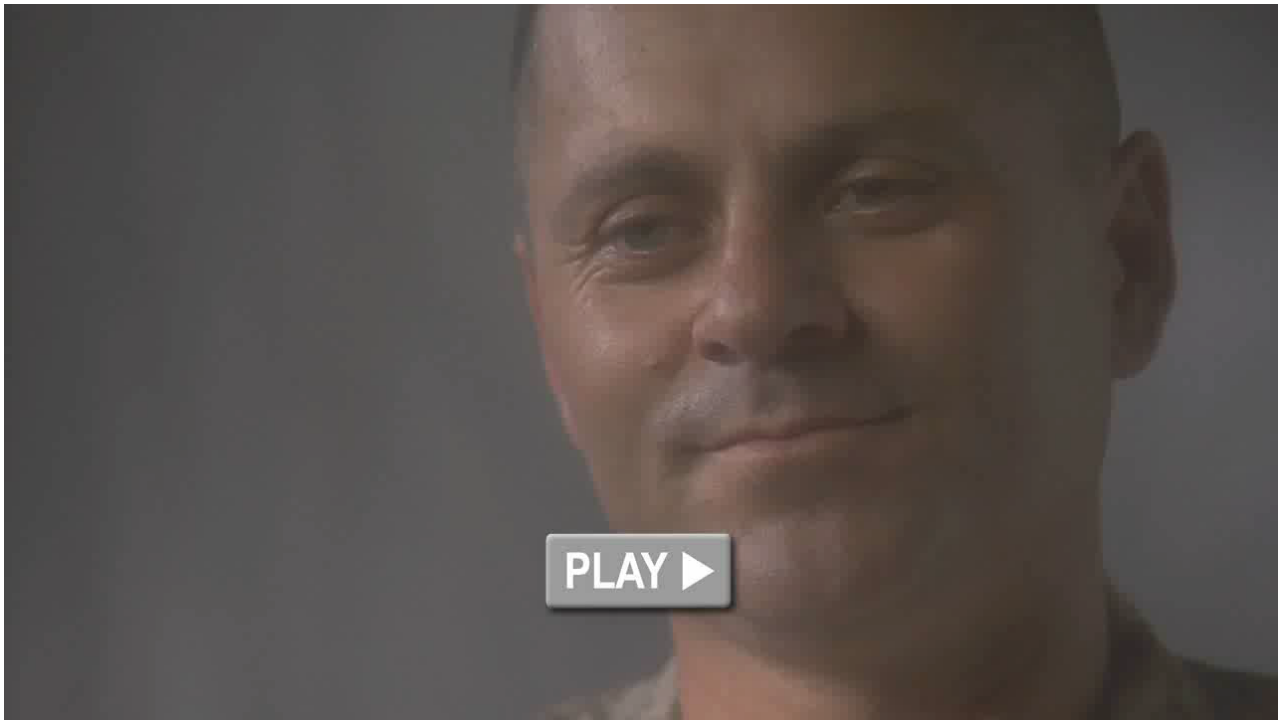
Balanced Leadership: Managing Marines Who Are in Crisis



Balanced Leadership: Managing Marines Who Are in Crisis

Discussion

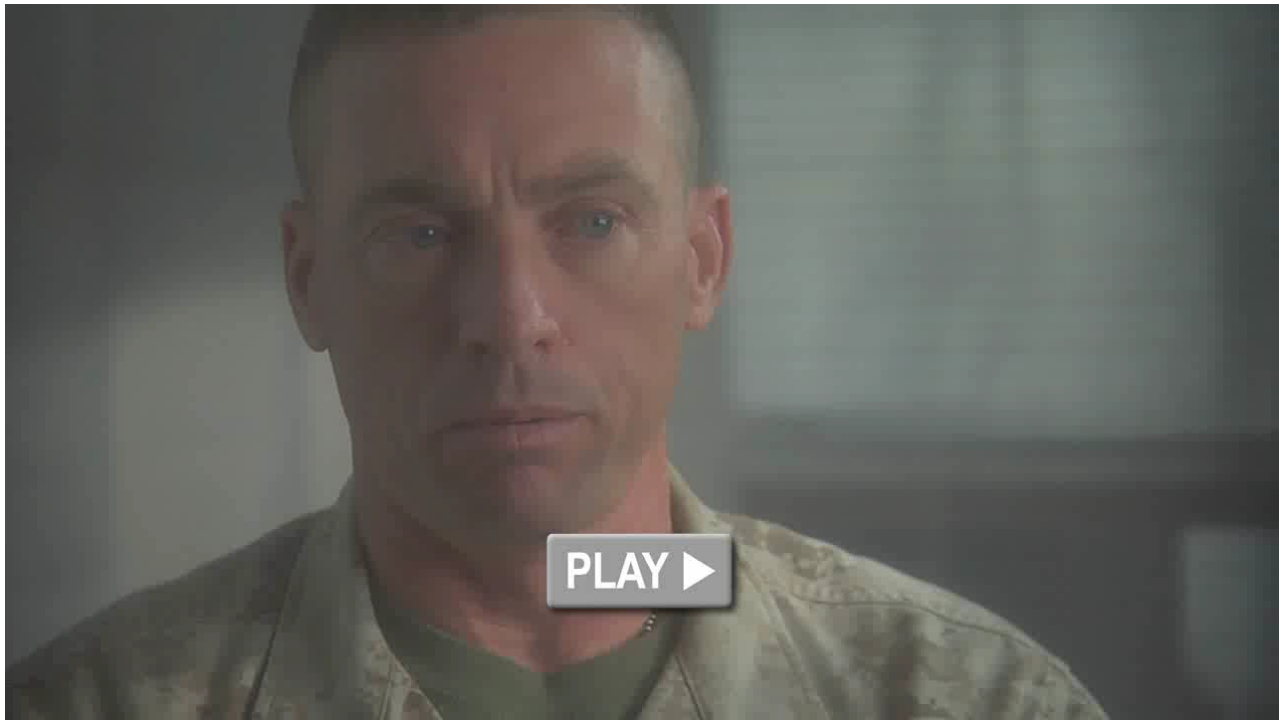
Focused and Engaged Leadership: Beyond Knowing Our Marines



Focused and Engaged Leadership: Beyond Knowing Our Marines

Discussion

The Resilient Marine



Discussion

What We Have Learned

- Effective intervention (the RACE method) includes **recognizing** risk factors and warning signs, **asking** Marines about suicidal thoughts, **caring** for Marines in crisis, and **escorting** those Marines to professionals.
- Marines who seek help when they are experiencing the normal and expected effects of stress help maintain individual and unit readiness.
- Treating all Marines with respect, dignity, and compassion while maintaining standards, discipline, and unit cohesion builds resilience.
- Fostering resilience and encouraging healthy activities and behaviors strengthen individual Marines and units.

Suicide Prevention Is Every Marine's Responsibility